

# Body Balance

## Custom Detox Program

Diet  Body  Life

- Do you have trouble losing weight no matter how hard you try?
- Do you feel fatigued and run-down, physically and mentally?
- Do you experience a lack of focus and brain fog?
- Do you get headaches, skin rashes, or digestive problems?

## A SAFE & BALANCED DETOX PROGRAM Personalized just for you

Nature's Balance offers three customizable pathways to unlocking your own body's powerful healing potential. Our **Body Balance** programs help jump-start your body into a healthy new you by supporting your own detoxification processes.

### Our Custom Detoxification Programs Include:

- A clinically developed detoxification diet that's customized to your unique goals and body.
- Tools and coaching to help you succeed in this balanced approach to achieving your wellness goals, including essential lifestyle practices that support detoxification.
- Targeted nutritional support to support and strengthen your body's detoxification pathways.
- Specially-formulated supplemental remedies to support filtering organs, such as the liver, kidneys and lymphatic system.
- Results for a **BALANCED BODY.**  
**BALANCED DIET.**  
**BALANCED LIFE.**



Schedule today & Nature's Balance will include a complimentary evaluation to assess your body's needs & detox-readiness.



Detoxify deeper with unlimited **infrared sauna use** throughout your treatment.



**Nature's Balance**

**ACUPUNCTURE & WELLNESS CENTER**

YOUR TOTAL CARE FOR  HEALTH & WELLNESS

Learn More  
(815) 788.8383

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